

*Antardhwani -The Storytellers' Inner voice*

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[www.kathalaya.org](http://www.kathalaya.org)



This retreat amidst the backdrop of the Mountain called Arunachala- Still light will open ourselves and respond to the quiet voice calling from our innermost abyss. This retreat will guide us to the depths of our being. There will be no maps to walk this path. This kind of journey does not take us to any land- an inner journey that brings us home.

It will help you to reveal the depths of our own being

Why are we living? What is the purpose of our lives? What are we trying to seek and find throughout our existence?

It may help you be aware of your inner monologue and through sitting together for three days we may together help each other to Rewrite our scripts and Rejuvenate new tales about ourselves.

Upcoming Anthardhwani course at Tiruvannamalai -  
19<sup>th</sup>-21<sup>st</sup> July,2025

For details and Registration contact : 8277389840

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